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# Southern Africa Family Journey: In Search of the Big Five

Days: Cape Town to Victoria Falls

### What's Included

Your Family Journeys Moment: Jane Goodall Chimp Eden Tour, Nelspruit
Your Family Journeys Moment: Cradle of Humankind Experience, Johannesburg
Your Foodie Moment: Traditional South Africa Braai (Barbecue), Johannesburg. Arrival transfer. Excursion to
Cape Point including the penguins at Boulders Beach. Kruger National Park wildlife safari drives in open
vehicle. Tour of Victoria Falls. Internal flights. All transport between destinations and to/from included activities.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

# Itinerary

# **Highlights**

Embark on a thrilling safari in Kruger National Park, examine three million-year-old hominin fossils in the Cradle of Humankind, visit rescued chimpanzees at a sanctuary run by the Jane Goodall Institute, feel the thundering power of Victoria Falls

### **Dossier Disclaimer**

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# **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# **Important Notes**

### 1. FAMILY INSURANCE

Options for family travel insurance are available. Please enquire with your Family Trip Specialist for more information.

### 2. TRAVEL DAYS

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Despite this, most clients feel that the diversity of the African landscape, countries, culture and wildlife are all well worth the experience. We use a comfortable and safe air-conditioned touring vehicle for the long drives.

### 3. YELLOW FEVER

It may be required to show a Yellow Fever certificate if you are traveling to South Africa from a Yellow Fever endemic country.

4. Water-wise tips when visiting Cape Town:

Cape Town is currently experiencing one of the worst droughts it has seen in over 100 years, and while we want you to have the best time possible while there, here are some tips to help reduce your water usage:

- Bring a reusable water bottle, that you can fill with Cape Town's tasty tap water.
- Reuse your towels in the hotel, for at least two days, before getting new ones.
- Keep your laundry until you have a full load to do, rather than just doing a handful of items.
- Turn off the tap when brushing your teeth, or shaving.
- Keep your showers to two minutes or less, and don't use the bath.
- Use hand sanitizer, instead of washing hands.

### 5. DRONES

The use of drones in national parks in Southern Africa is prohibited.

### **Group Leader Description**

All National Geographic Family Journeys with Travel There Co group trips are accompanied by two of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense; you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

# **Group Size Notes**

### Meals Included

10 breakfasts, 2 lunches, 5 dinners

#### Meals

Eating is a big part of traveling and we encourage you to experience the vast array of wonderful food that is available out in the world. Its important to remember, that food may be different from what you are used to at home and that some things may not be available in other countries.

Some meals are included in the trip price, while others are not, to allow flexibility and choice to you and your family. For non-included meals our CEOs will still make arrangements for the group to eat together, which allows you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. For all trips please refer to the meals included and budget information for included meals and approximate budget (per person) for meals not included.

Throughout this trip, breakfast is included daily (ranging from continental to buffet depending on the trip). Drinking water is available throughout (don't forget your refillable water bottle as you will have access to either filtered water from hotels or as made available by the CEO). Healthy, local snacks will also be available.

Note that any special meal requirements or dietary restrictions need to be specified at time of booking.

# **Transport**

Air-conditioned touring vehicle, open safari vehicle, walking, plane

# **About our Transportation**

The style of transportation on this Family trip is a comfortable way to travel through the region, allowing the group to travel through the cities and parks with ease, with more opportunities to stop and either wander around or view the sites.

We use a combination of scheduled local lights, comfortable air-conditioned buses and mini buses (depending on the day and activity.)

All vehicles are fitted with seat belts, and for your own safety it is mandatory to wear the seat belt at all times when in a vehicle.

For the wildlife safari drives in the Kruger National Park we use open safari vehicles.

On safari drives and certain transit legs, the group may be split into two smaller vehicles.

# **Local Flights**

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

# **Solo Travellers**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Odd number adult travellers in your family will be paired in twin accommodation with another adult traveller of the same sex for the duration of the trip.

#### Accommodation

Hotel (5 nts), safari lodge (3 nts), guest house (2 nts)

# **About Accommodation**

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Start and end hotels on this tour offer comfortable accommodations with en-suite bathrooms, standard facilities, and wifi. Additional amenities vary from location to location. Please see the hotel listings on the Full Itinerary if you would like to learn more about the offerings of your accommodations.

Please remember that hotel/lodge standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

Winter nights (June to September) can be cold, and most lodges and hotels do not have insulation or central heating. If you require additional blankets or a hot water bottle, these can be requested through your CEO or at the reception.

# Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the Travel There Co App or contact your travel agent.

# **Joining Instructions**

The nearest international airport to your joining hotel is the Cape Town International Airport.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1, please make your way to the joining hotel via your included transfer. Details on where to meet your transfer can be found in your voucher notes or on the Travel There Co app.

If you have booked pre-tour accommodations through Travel There Co, please note that you must contact us to confirm the included arrival transfer. Check-in time at your start hotel will be in the afternoon.

Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1. Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

# **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call either the Travel There Co Local Representative (if one is listed below) or our Travel There Co Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

#### AIRPORT TRANSFER

If you have purchased an arrival through Travel There Co or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please call the local emergency contact numbers listed below for more information.

#### **EMERGENCY CONTACT NUMBERS**

Travel There Co Local Representative (South Africa)

From outside South Africa: +27 713823286 From within South Africa: 071 3823286

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

### What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters may not always be available, so be prepared to carry your own bags.

Please be advised that if you plan to bring a drone with you, the use of drones in national parks in Southern Africa is prohibited.

### Checklist

# Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

#### Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)

- · Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- · Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.
- Rubber gloves

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Note: Seasons in Southern Africa are quite extreme. Winters (May to October) can be cool and summers hot.

Light weight, quick-drying, clothes are advisable for safari. It is important to pack clothes for warm days and cool evenings, as well as a light windproof / waterproof jacket. Layering is essential.

We're working with our accommodation partners to reduce single-use plastic on our tours by providing safe drinking water for refillable bottles wherever possible. Find out more about our Plastics Partnership Project <a href="https://www.gadventures.com/about-us/responsible-travel/plastics-partnership-project/">here.</a>

# Laundry

### Visas and Entry Requirements

All countries require travellers to have a valid passport (with a minimum 6 months validity), and you are required to acquire the entry visas for each of the countries visited.

Please double check with your agent and/or visa agent what the visa requirements is for each country that you will be traveling to. Some countries do require that you get your visa before arrival. If you show up at a border and should you not have the required visa you will be denied entry to the country and be send back to the



closest embassy/high commission to get the visa. All arrangements and expenses for that will be at your own cost. The CEO will assist you with travel arrangements but will not be able to accompany you. You will also have to catch up with the group at their next destination at own cost.

We have been experiencing a lot of problems with people that need visas for Namibia and Malawi. Namibian and Malawian visas is not available at the border, so please make very sure if you do need a visa before arrival.

The information provided here is to be used as a guide only. Please consult with the relevant embassy or your travel agency before you travel. We cannot take any responsibility whatsoever for the use of this information.

### South Africa

http://www.dha.gov.za/index.php/immigration-services/exempt-countries http://www.dha.gov.za/index.php/immigration-services/apply-for-a-south-african-visa http://www.southafrica.info/travel/documents/visas.htm

Visas are not issued at South African ports of entry, and airline officials are obliged to insist on visas before allowing passengers to board. If you arrive without a visa, immigration officials are obliged to put you onto a flight back to your home country.

If you are a passport holder of the following countries/areas you do not need a visa for stays of LESS THAN 90 days:

African Union / Unity Laissez Passes, Andorra, Argentina, Australia, Australia, Belgium, Botswana, Brazil, Canada, Chile, Czech Republic, Denmark, Ecuador, Finland, Japan, Liechtenstein, Luxemburg, Malta, Monaco, Netherlands, Norway, Paraguay, Portugal, San Marino, Singapore, Spain, St Vincent & the Grenadines, Sweden, Switzerland, United Kingdom, Uruguay, Venezuela, United States of America, France, Germany, Greece, Iceland, Israel, Italy, Jamaica

If you are a passport holder of the following countries/areas you do not need a visa for stays of LESS THAN 30 days:

Antigua and Barbuda, Barbados, Belize, Benin, Bolivia, Hong Kong, Hungary, Jordan, Lesotho, Malaysia Cape Verde, Costa Rica, Cyprus, Gabon, Guyana, Peru, Poland, Seychelles, Slovak Republic, South Korea, Swaziland, Thailand, Turkey, Zambia

### Visa costs

The visa fee is different for every nationality, so please check this with your agent or closest embassy.

\*\*Please note for those traveling with minors: The International Air Transport Association (IATA), on 29 April, 2019, updated the Travel Information Manual Automatic (TIMATIC), used by airport ground staff to determine whether a passenger can be carried, with regard to the requirements for children travelling to South Africa.

According to the updated text, IATA is advising that members' check-in staff to no longer request birth certificates from minors who have visas, or who are exempted from visas, if travelling with their parents with the same surname.

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#### Zimbabwe

\*\*\*PLEASE READ THE ENTIRETY OF THE TEXT BELOW AS THIS IS IMPORTANT INFORMATION FOR YOUR ENTRY INTO ZIMBABWE\*\*\*

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the Embassy of Zimbabwe. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

\*\*\*It is the responsibility of the traveller to check with their nearest Embassy and confirm the requirements for entry into Zimbabwe\*\*\*

Please be sure to do your research to determine if your nationality requires a Visa, can purchase one upon arrival or must apply for one in advance.

A Visa to enter Zimbabwe is required by several nationalities, please read the full details listed below.

There are 3 categories:

#### CATEGORY A:

Countries whose nationals do NOT require a Zimbabwe Visa.

Antigua & Barbuda, Angola, Aruba, Bahamas, Barbados, Belize, Botswana, Cayman Islands, Congo DRC, Cyprus, Fiji, Ghana, Grenada, Hong Kong, Jamaica, Kenya, Kiribati, Leeward Islands, Lesotho, Madagascar, Malaysia, Malawi, Maldives, Malta, Mauritius, Montserrat, Mozambique, Namibia, Nauru, Samoa Western, Seychelles, Singapore, South Africa, Solomon Islands, St Kitts and Nevis, St Lucia, St Vincent, Swaziland, Tanzania, Trinidad and Tobago, Turk & Caicos Islands, Tuvalu, Uganda, Vanuatu, Zambia

#### CATEGORY B:

Countries whose nationals are granted a Zimbabwe Visa at port of entry on payment of requisite visa fees.

Algeria, Andorra, Argentina, Austria, Australia, Azerbaijan, Belarus, Belgium, Bermuda, Bosnia-Herzegovina, Burundi, Brazil, Brunei, Canada, Cape Verde Islands, China, Comoros Islands, Cook Islands, Croatia, Cuba, Czech Republic, Denmark, Dominic Republic, Egypt, Estonia, Equatorial Guinea, Finland, France, French Polynesia, French West Indies, Gibraltar, Georgia, Germany, Greece, Haiti, Hungary, Indonesia, Iceland, Iran, Ireland, Israel, Italy, Japan, Kazakhstan, Korea (South), Kyrgyzstan, Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macau, Marshall Island, Micronesia, Moldova, Monaco, Netherlands, New Caledonia, New Zealand, Northern Mariana, Norway, Palau Islands, Palestine, Papua New Guinea, Portugal, Puerto Rico, Russia, Rwanda, Samoa, Sao Tome, Serbia, Slovak, Slovenia, Spain, Suriname, Sweden, Switzerland, Tajikistan, Turkey, Turkmenistan, Ukraine, United Arab Emirates, Uruguay, United Kingdom, United States of America, Uzbekistan, Vatican, Virgin Islands

\*\*\*Canadian Passport holders can ONLY get a Single entry Zimbabwe Visa at the port of Entry.

#### CATEGORY C:

Countries whose nationals are required to apply for and obtain a Zimbabwe visa prior to travelling (single entry Zimbabwe visa ONLY).

Afghanistan, Albania, Armenia, Bahrain, Bangladesh, Benin, Bhutan, Bolivia, Bulgaria, Burkina Faso, Cambodia, Cameroon, Central Africa Republic, Chad, Chile, Colombia, Congo Brazzaville, Costa Rica, Conakry, Cote de Voire, Djibouti Republic, Ecuador, El Salvador, Eritrea, Ethiopia, French Guiana, Gabon, Gambia, Guam, Guatemala, Guinea, Guinea Bissau, Guyana, Honduras, India, Iraq, Jordan, Korea (DPRK), Laos, Lebanon, Liberia, Libya, Mali, Mauritania, Mexico, Mongolia, Morocco, Myanmar, Nepal, Nicaragua, Niger, Nigeria, Norfolk Islands, Oman, Pakistan, Panama, Paraguay, Peru, Philippines, Qatar, Reunion, Romania, San Marino, Saudi Arabia, Senegal, Sierra Leone, Sri Lanka, Somalia, Sudan, Syria, Taiwan, Thailand, Togo, Tunisia, Venezuela, Vietnam, Yemen Republic, Yugoslavia

IMPORTANT NOTE: If you have purchased a single entry visa upon arrival and then decide to leave Zimbabwe (even for a few hours) you will need to buy another visa to re-enter Zimbabwe. In this instance you should buy a double entry visa upon arrival as it works out cheaper. Multiple entry visas cannot be obtained at the port of entry into Zimbabwe. You may enter Zimbabwe on a single entry visa and then obtain a multiple entry visa from the town office - but this may take up to 7 working days to be issued. Alternatively, a multiple entry visa can be obtained from the Zimbabwe Embassy in your country prior to departure for Zimbabwe.

Information accurate as of July 1, 2016	Information	accurate as	of July 1	. 2016
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This information is accurate at the time of writing, and please contact your local embassy or consulate for the

most up-to-date visa requirements and costs, regarding these, and the other countries visited, or see your travel agent. It is your responsibility to have the correct travel documentation.

# **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

# **Money Exchange**

The currency in South Africa is the South African Rand (ZAR).

Rand can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need.

Zimbabwe uses the US Dollar and South African Rand.

For Zimbabwe, we strongly advise that you bring ZAR or USD from your home country or exchange money before the start of the tour, to avoid delays on tour, as it can be difficult to obtain cash at ATMs.

Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. it is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

# **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

# **Departure Tax**

# **Tipping**

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two Chief Experience Officers did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline; per CEO \$7-10 USD (per day) per person, can be used.

For non-included meals in restaurant, a guideline is 10-15% of cost of bill.

# **Optional Activities**

### **Table Mountain**

- Table Mountain Hike (600-1500ZAR per person)
- Table Mountain Cable Car (300-360ZAR per person)

# Cape Town

- Two Oceans Aquarium (185ZAR per person)
- Cape Town City Walking Tour with Family Journeys CEO
- Guided Kayak Adventure (450ZAR per person)
- Hop-on Hop-off Bus (110-220ZAR per person) R
- Bicycle Rental (75-275ZAR per person)

# Hazyview

- Aerial Cable Trail (540ZAR per person)
- Tree-top Challenge (160-190ZAR per person

#### Victoria Falls

- Victoria Falls Helicopter Ride 15min (165USD per person
- Full Day Excursion to Chobe National Park (170USD per person)
- Victoria Falls Whitewater Rafting (135USD per person)

### Livingstone

- Zambezi Sunset Cruise

#### Health

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2017)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following Travel There Covisited countries from a Yellow Fever endemic country:

- Botswana

- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Namibia
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

#### Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

# Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the notels we use have safety deposit boxes, which is the most secure way of storing your valuables. A look is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. <a href="/travel-resources/safety/">Read more about travel safety</a> for ways to further enhance your personal safety while traveling.

# **Trip Specific Safety**

excursions.

GENERAL: Look after your personal items. Do not leave your valuables visible in a car or hotel room. Lock

your hotel room door when you enter and when you leave. Do not carry large amount of cash on you. Avoid displaying flashy jewellery and carry your camera in its pack on your shoulder rather than around your neck. Keep your passport, airline tickets, money, important documents locked up in your room/safe - do not carry it with you. Vital Information when you are staying the KNP or any Reserve: Please ensure that your stay is happy and safe by taking note of a few simple warnings. You will be sharing your stay with many exciting and unusal creatures but without knowledge some of them could be dangerous: Example: Bats, Spiders, Snakes, Scorpions, Malaria Zone. If you must walk around at night please DO NOT DO SO WITHOUT A TORCH. Remember: by feeding any wildlife, you are signing their death warrant as they become aggressive!

Please note that the use of drones in national parks in Southern Africa is prohibited.

# **Medical Form**

# A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

# A Word of Warning

### **Travel Insurance**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. Travel There Co can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

# **Local Dress**

#### **Feedback**

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next Travel There Co trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

# Minimum Age

Minimum age of 7 years for this trip.

# **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most

up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

Last updated:Wed 04 Dec '24

