

6455 N Union Blvd Suite 100 TT

Colorado Springs, CO 80918

Phone: +1 888-688-8954

E-mail: info@travelthereco.com

Web: www.travelthereco.com

# Best of Uzbekistan and Turkmenistan

Days:Tashkent toAshgabat

### What's Included

Your Welcome Moment: Meet Your CEO and Group

Your Local Living Moment: Overnight in a Yurt, Aydar K?l Camp. Orientation walk (Samarkand). City tour including a Registan visit. Nurata Shrine visit. Alexander the Great fortress visit. Guided walking tour (half-day, Bukhara). Walking tours (Khiva). Kunya Urgench visit. Derweze crater visit. City tour (Ashgabat). Transport between destinations and to/from included activities.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a tinal copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

# Itinerary

# **Highlights**

Bargain your way through traditional bazaars, Stay overnight in a local yurt camp, Visit the desert community of Erbent, Marvel at the Darvaza crater (known as the "Door to Hell"), See the city treasures of Ashgabat

### **Dossier Disclaimer**

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# **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# **Important Notes**

#### 1. CULTURE

Central Asia is a region which may be very different to anything you have experienced before. Mixture of Soviet heritage and Islam, summer heat and winter cold, religious conservatism, traffic and crowds can result in initial culture shock but should be seen as an exciting new challenge.

### 2. DRESS CODE

Though you can see lots of people in traditional clothes, Central Asia has adopted western style clothing as well. Don't hesitate to pack your usual travel clothes: in summer it can be shorts and t-shirts, sandals etc. We recommend not to bring tank tops/singlets and any types of clothes with bare shoulders and backs - it is unacceptable in most areas, even in bigger cities. Our tour takes us to many religious sights, where dress code is very strict. We recommend women to have a headscarf in their day bags to cover up when going inside mosques (it's also a great help in the heat in summer). Best things to pack for the hot Central Asian climate is loose, long clothing - long trousers and sarongs or long skirts for women. In colder months (from the end of October through the end of April) it can rain and snow - bring warm clothes, jackets and comfortable warm shoes for walking.

#### 3. ALTITUDE CONSIDERATIONS

This trip operates at altitudes over 800m (max altitude 3016m at Song Kul). Whilst we travel slowly allowing plenty of time to acclimatize you may experience headaches, nausea, lethargy, especially when visiting Song Kul & Iskanderkul. It is important to be aware of the affects of altitude on one's tolerance especially on long driving days.

#### 4. MONEY

Due to the restrictions on changing money in Central Asia region, only notes/bills printed after 1996 and in good condition will be accepted for exchange. Usually 50 and 100 USD/EUR notes get better exchange rate. We recommend to bring smaller denominations as well - many vendors accept them if you don't have local currency.

## 5. RAMADAN

According to the lunar cycle, Ramadan will fall between May 5th and June 4th, 2019. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

### 6. COMBO TRIP

Please note that this tour combines with other Travel There Co tours. As such, the staff and some travel companions on your tour may have previously been traveling together with Travel There Co, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another Travel There Co tour, after your trip concludes.

# **Group Leader Description**

All Travel There Co group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

# **Group Size Notes**

Max 16, avg 12

### **Meals Included**

12 breakfasts, 1 lunch, 2 dinners

#### Meals

### **Transport**

Private vehicle, walking.

# **About our Transportation**

# **Local Flights**

Please be aware that flight delays between Bishkek and Dushanbe can occur. Your CEO may need to make adjustments to your itinerary in case of flight schedule changes.

### **Solo Travellers**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

### Accommodation

Hotels (10 nts), yurt (1 nt), tented camping (1 nt).

### **About Accommodation**

# Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the Travel There Co App or contact your travel agent.

# Joining Instructions

If you have not pre-arranged an arrival transfer with Travel There Co, we suggest taking at taxi from Tashkent International Airport to the hotel.

To find a taxi, exit the Airport and there will be many taxis. The hotel is situated about a 10-15 minute drive from

the airport. Many drivers will approach you - all of them know where the hotel is, but you should bargain before you get in the taxi. Depending on time of the day and your bargaining skills, a ride to the hotel will cost approximately 10-20USD.

If you have paid in advance for an arrival transfer, a Travel There Co representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A Travel There Co Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

# **Emergency Contact**

Should you need to contact us during a situation of dife need, it is best to first call either the Travel There Co Local Representative (if one is listed below) or our Travel There Co Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible

### AIRPORT TRANSFER

If you have purchased an arrival through Travel There Co or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Airport Transfer complications please call our local Travel There Co Transfer provider directly at: +998 94 245 68 24 (Ms Shirin)

#### **EMERGENCY CONTACT NUMBERS**

Travel There Co Office Central Asia:

Mr. Laziz Otayarov (Operations Manager - Central Asia)

Mobile 1: +99890 963 4779 (24h) Mobile 2: +99897 921 7087 (24h)

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

#### What to Take

What you need to bring will vary according to the trip style you have chosen, the countries you are visiting and when you are travelling. Generally speaking though, you should pack as lightly as possible. On the vast majority of our trips you are expected to carry your own luggage (please see below for exceptions), and though you will not be required to walk long distances with your luggage (max 30 minutes) we recommend keeping the weight under 10kg/22lb.

Suitcases are not recommended for Travel There Co travellers! Most travellers carry their luggage in a backpack, although an overnight bag with a shoulder strap would suffice if you travel lightly. Smaller bags with wheels are acceptable, although we recommend your bag has carry straps as well, as you may be required to negotiate bus and railway station steps. You will also need a day pack/bag to carry water and a camera etc for day walks and day trips.

### Checklist

#### Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

#### Conservative Dress:

• Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)

• Shawl or scarf (for temple visits)

### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

### Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- · Locks for bags
- Long pants/jeans
- Moneybelt

- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.)
- Rubber gloves

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Note: Though you can see lots of people in traditional clothes, Central Asia has adopted western style clothing as well. Don't hesitate to pack your usual travel clothes; in summer it can be shorts and t-shirts, sandals etc. We recommend not to bring tank tops/singlets and anytypes of clothes with bare shoulders and backs - it is unacceptable in most areas, even in bigger cities. Our tour takes us to many religious sights, where dress code is very strict. We recommend women to have a headstarf in their day bags to cover up when going inside mosques (it's also a great help in the heat in summer). Best things to pack for the hot Central Asian climate is loose, long clothing - long trousers and sarongs or long skirts for women.

### Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

# **Visas and Entry Requirements**

Uzbekistan:

\*\*\*PLEASE READ THE ENTIRETY OF THE TEXT BELOW AS THIS IS IMPORTANT INFORMATION FOR YOUR ENTRY INTO UZBEKISTAN\*\*\*

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the Embassy of Uzbekistan.

Uzbekistan Visa Exemptions: Citizens of the following countries do not require a visa to enter Uzbekistan for stays up to 30 days:

Australia, Austria, Argentina, Bosnia and Herzegovina, the Vatican, Luxembourg, Hungary, Brunei Darussalam, Greece, Ireland, Iceland, Italy, Canada, Andorra, Liechtenstein, Monaco, Belgium, Denmark, Spain, Netherlands, Norway, Sweden, Latvia, Lithuania, Mongolia, New Zealand, Portugal, Bulgaria, Republic of Cyprus, Malta, Poland, San Marino, Serbia, Slovenia, Croatia, Chile, Romania, Slovakia, United Kingdom, Germany, Brazil, Finland, Montenegro, Czech Republic, Switzerland, Estonia, Israel, Indonesia, Japan, Malaysia, Singapore, South Korea, Turkey

Citizens of the following countries do not require a visa to enter Uzbekistan for stays up to 90 days:

Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Moldova, Russia, Ukraine

Citizens that are eligible to apply for E-Visa online:

Albania, France, India, Kuwait, China (including Hong Kong), Macedonia, UAE, Oman, Saudi Arabia, USA, Thailand

With E-Visa, no need to request LOI or apply for Visa at Uzbekistan Consulate or Embassy. The E-Visa is eligible for 30 days, single entry.

Uzbek E- visa website: https://e-visa.gov.uz

For question "Preliminary place of residence in Uzbekistan", please provide following: "Uzbektourism Licensed Hotels"

Nationalities which are not listed on Uzbekistan Visa exemptions list or not on the E-Visa list are required to apply for Visa Approval/Telex No prior to their Uzbekistan Visa application at Uzbekistan Consulate. In order to get Visa Approval/LOI you will be required to fill out & submit the request form

(https://www.gadventures.com/visa-forms/Uzbekistan/). It takes about 7-10 business days to get the approval from Uzbekistan MFA (Ministry of Foreign Affairs). Once Visa Approval No/LOI is received we will forward it to you/your agent. Please print out the Visa Approval/Telex No along with duly completed Uzbekistan visa application form & submit to the Uzbekistan Consulate.

Information accurate as of September 12th, 2018

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#### Turkmenistan:

All nationalities require a Visa to enter Turkmenistan In order to secure your visa, you must first apply for a Letter of Invitation through Travel There Co. Once your trip is confirmed, please submit your application for your Turkmenistan Letter of Invitation no later than 40 days before the start of your tour. A link will be emailed to you in your confirmation email. At the approximate 40 day mark from date of first travel, your Visa application details will be forwarded to our local agent in Turkmenistan, who will submit your documents to the Ministry of Foreign Affairs of Turkmenistan. This will take around 2 to 4 weeks to process.

# Important Note:

If you submit your Letter of Invitation application inside of 40 days from departure date, you will be subject to having your Letter of Invitation process expedited for an additional fee of approximately \$70USD per person. It will take approximately 7 to 10 business days in order to process and approve your expedited Turkmenistan Letter of Invitation application.

Once your Letter of Invitation is processed and approved, we will send this information to your CEO guide who will be leading that trip. As our trip crosses in to Turkmenistan overland, Visa can be obtained at the (Shavat) border. Our CEOs will be responsible for presenting the LOIs to Immigration officials, each traveller will then collect their Visa individually in their passport after paying for their Visa Fee and Immigration tax.

Visa fees vary per nationality. European, US, Canadian, Australian, and New Zealand nationals pay approximately \$60USD per person. Nationals from the United Kingdom pay approximately \$90USD per person. Immigration tax paid at the border is approximately \$15USD per person.

### Important Note:

Visa at the border can be paid only in cash in USD (Good condition notes without marks or stamps are accepted). In case our travellers had no chance to get cash USD in their home country, there is a possibility to withdraw USD cash in Uzbekistan's bank prior going to border.

The days spend in Turkmenistan are as follows:

AUTA - Best of Uzbekistan and Turkmenistan: Days 9 - 13

# **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

# **Money Exchange**

In general Central Asia is a cash operating region, and travellers cheques are not recommended. Due to bank restrictions, only banknotes printed after 1996 can be exchanged. Better to bring notes without marks or stamps on them. We recommend to bring about 70 USD in small denominations: 1, 5 and 10 USD notes. If you are not able to get local currency it's always possible to pay in USD or EUR.

#### Uzbekistan

There are lots of ATM's to withdraw local currency (UZS), and banks around to exchange USD or EUR. Travellers cheques are not recommended, as only limited amount of banks work with them. Please, note that you can withdraw only local currency (Uzbek Sums) from ATM's. Some banks in Tashkent allow USD cash advance, but this option depends on the amount of USD cash in the bank.

#### Kazakhstan

The preferred currency for local transactions is the tenge, and local establishments rarely accept credit cards so keep cash on hand. ATMs in Kazakhstan are accessible in the larger cities, and withdrawals can be made by credit card. There are many currency exchange locations available to exchange EUR, USD, GBP, Russian rouble, Kyrgyz som and Chinese yuan.

# Kyrgyzstan

The preferred currency for local transactions is the som, and local establishments rarely accept credit cards so keep cash on hand. There are many of ATMs accessible in Bishkek and other larger cities such as Cholpon Ata and Karakol. Larger cities will also have money exchange locations that will trade EUR, USD, Roubles; some locations will trade GBP, and Chinese yuan.

### **Tajikistan**

The preferred currency for local transactions is the somoni, and local establishments rarely accept credit cards so keep cash on hand. You may be able to pay in USD and EUR in some places, however, it is recommended that you take out somoni at ATMs in Dushanbe; there are very few ATMs outside of Dushanbe, and those that exist are less dependable.

# **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

### **Departure Tax**

# **Tipping**

In Central Asia It is not customary to tip service providers such as waiters, but it is very appreciated, depending on the service we recommend 3-5%. Tipping shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$2-\$3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your Travel There Co CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# **Optional Activities**

#### **Tashkent**

- Welcome Dinner

#### Samarkand

- Amir Timur Mausoleum Visit (3USD per person)
- Tomb of the Old Testament Prophet Daniel Visit (3USD per person)

### Aydar K?I Camp

- Kazakh Singing (Free)

#### Bukhara

- Hammam (Bathhouse) Visit (20USD per person)
- Carpet Museum (1USD per person)
- Jewish Area and Synagogue Visit (Free)
- Chor-Bakr Complex

### Dashoguz

- Bai Bazaar (Free)
- Dashoguz Museum (10USD per person)

### Ashgabat

- Ashgabat Hippodrome (Free)
- Ertugrul Gazi Mosque (Free)

#### Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers? antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. Travel There Co reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

# Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment

when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

<a href="http://www.gadventures.com/travel-resources/safety/"> www.gadventures.com/travel-resources/safety/</a>

# Trip Specific Safety

We strongly recommend the use of a neck wallet or morey belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A look is recommended for securing your luggage.

#### **Medical Form**

# A Couple of Rules

llegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

# A Word of Warning

#### Travel Insurance

#### **Local Dress**

Central Asian dress is quite conservative. Plan to pack loose-fitting light clothing appropriate for hot weather and plan to cover knees, shoulders and chest. For women, a hair scarf is recommended, though they are easy to buy in country.

### **Feedback**

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you

5% off the price of your next Travel There Co trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

# Minimum Age

You must be 18 to travel unaccompanied on a Travel There Co tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

# **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

Last updated:Sat 18 Jan '25

