



TRAVEL THERE CO

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Coastal Morocco: Waves & Rock Pools

Days: Marrakech to Marrakech

What's Included

Your Welcome Moment: Meet Your CEO and Group

Your First Night Out Moment: Connect With New Friends. Swimming in rock pools and exploring waterfalls in Paradise Valley. Surf lesson in Taghazout. Sunset beach bonfire. Essaouira orientation walk. All transport between destinations and to/from included activities.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary

Highlights

Learn how to surf in Taghazout, Swim in idyllic rock pools in Paradise Valley, Shop for refined honey and argan oil in local villages, Explore the funky coastal town of Essaouira

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. ITINERARY PACE

This is a very fast paced itinerary which covers lots of ground. While this is great as it allows us to see a huge amount in the available time, it also means some early starts, some long drives in the mini van and less free time than many other Travel There Co. We feel that if you enter this trip with this knowledge and expectation, you will appreciate even more the variety of locations we are able to include in this itinerary.

2. TRANSPORT

We use a 16-seater minivan for this tour. With a full group every seat will be used. The legroom in the minivan is possibly smaller than you may be used to and taller passengers may find space a little cramped. It is important to be aware that as it is not a legal requirement in buses in Morocco, your vehicle may not be equipped with seat belts.

3. WEATHER

Please note that the climate in Morocco can be both very hot during the day in summer months (up to 50°C) and cold at night in the mountains in autumn, early spring and winter (down to -6°C). Summer months, from April to September are very hot throughout Morocco. Winter months November to March can be cool to cold, especially in the Atlas Mountains, with high probability of snowfall. Most Moroccan buildings are not equipped with heating, so without proper layers you will be cold at night. Please bring appropriate clothing for the months in which you are travelling and check temperatures before you leave. Bedding is provided in the desert camp and the gîte, but in winter months if you feel the cold you may wish to bring a sleeping bag too.

4. RAMADAN

According to the lunar cycle, Ramadan will fall between April 23rd and May 23rd, 2020. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

6. COMBO TRIP

Please note that this tour combines with other Travel There Co tours. As such, the staff and some travel companions on your tour may have previously been traveling together with Travel There Co, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another Travel There Co tour, after your trip concludes.

Group Leader Description

This Travel There Co group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO).

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. You can expect them to have a broad general knowledge of Morocco, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use certified local city guides where we think more specific knowledge will add to the enjoyment of the

places we are visiting - we think it's the best of both worlds.

Group Size Notes

Max 14, avg 10.

Meals Included

4 breakfasts, 1 lunch, 2 dinners

Meals

Breakfasts on tour

Many breakfasts are included as part of your tour.

Moroccan breakfasts tend to be different from your usual cereal and toast morning fare – most will be very simple - a croissant or sweet roll with jam and instant coffee and some hotels will have buffets where you will have more variety.

While you are experiencing what a Moroccan family would eat, some travellers do find the provided breakfasts a bit “bread heavy” and enjoy buying fruit the day before to supplement their breakfast.

Lunches and dinners

Moroccan cuisine is world famous and your CEO will be taking the chance to show you the best of it.

Staples include cous cous, a type of grain topped with stew, tagine which is actually the name of the pot this tasty dish is cooked in, and brochette, bbq skewers of meat. These meals will generally cost between 45- 70 MAD depending on the type of restaurant and which part of the country you are in.

Other tastes not to be missed include pastilla, a sweet pasty with a savoury filling which is traditionally pigeon and harira, a delicious soup based on chick peas and filling enough when teamed with fresh bread to be a whole lunch. If you are heading to the coast the fresh seafood cooked at one of the local markets is a must eat!

Snacks

Morocco's fresh orange juice is highly recommended and you should not leave without trying a glass. The brave can try the tiny snails which are perhaps the local's favourite snack but you might prefer a cone of piping hot bite-size fried cake donuts.



Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to Travel There Co group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Private air-conditioned van, public bus.

About our Transportation

Please note that there is a lot of fast paced travel on this itinerary which necessitates some long travel days in our mini van. We feel that if you enter this trip with this knowledge and expectation, you will appreciate even more the variety of locations we are able to include in this itinerary.

We use a 16-seater minivan and with a full group every seat will be used. The legroom in the minivan is possibly smaller than you may be used to and taller passengers may find space a little cramped. It is important to be aware that as it is not a legal requirement in buses in Morocco, your vehicle may not be equipped with seat belts. The minivans have air conditioning, however please note that summer temperatures in Morocco can easily reach 50 celsius. When the outside temperature is so hot, a minibus air conditioning system will not be

able to cool the bus to the temperatures you are used to enjoying at home. Please bear in mind that travelling in Morocco in summer will inevitably involve very hot temperatures and some discomfort may be experienced when travelling.

Local Flights

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (2 nts, twin-share), Surf House (2 nts, twin-share).

About Accommodation

On this trip you can expect to stay in local hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. Where a town has both an ancient medina and a "ville nouvelle" we generally stay in the ville nouvelle, both because the standard of hotels is higher, and because travellers (especially women) often find the medinas at night a little confronting.

Please note that Morocco is a developing country and as such the infrastructure is not as reliable as you would expect at home. Expect quirky plumbing and the odd cold shower!

Please be advised that some of the accommodation for this tour will have shared bathroom facilities.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the Travel There Co App or contact your travel agent.

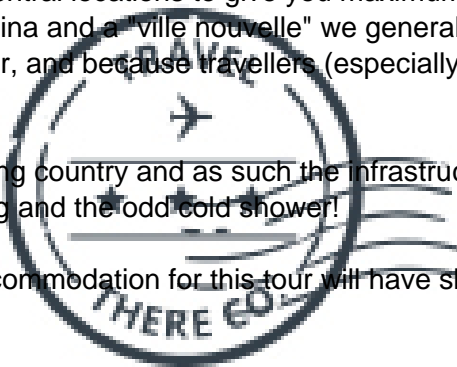
Joining Instructions

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1 (or earlier if you have booked pre-accommodation with us), please make your way to the joining hotel (note that check-in time will be in the afternoon). Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

If you are taking a taxi, upon exiting the main terminal, walk straight ahead into the main car park where you will see the taxi stand with many taxis all queued and waiting. Although the Hotel Amalou is approximately a 20 minute drive from the airport, haggling is encouraged to attempt to get the lowest price.

If you have pre-arranged an arrival transfer, please look for the driver holding a Travel There Co sign outside of the terminal hall. Please approach them, and ask them who they are supposed to be picking up (do not tell them your name, they should have this information already). Once they give you the correct name, have your



passport ready to show them and you will be on your way!

Arrival Complications

We do not expect any complications and nor should you but the following information is supplied in case of extra ordinary circumstances.

PRE-BOOKED AIRPORT TO HOTEL TRANSFERS

If you have pre-arranged an arrival transfer, please look for the driver holding a Travel There Co sign outside of the terminal hall. Please approach them, and ask them who they are supposed to be picking up (do not tell them your name, they should have this information already). Once they give you the correct name, have your passport ready to show them and you will be on your way!

If you are unable to locate your Travel There Co airport representative, please call our local staff at +212 528 824898 (during office hours Mon-Fri) or +212 661 429700 (after office hours or at any time if you are unable to get through to the office) They will assist you in getting to the joining hotel.

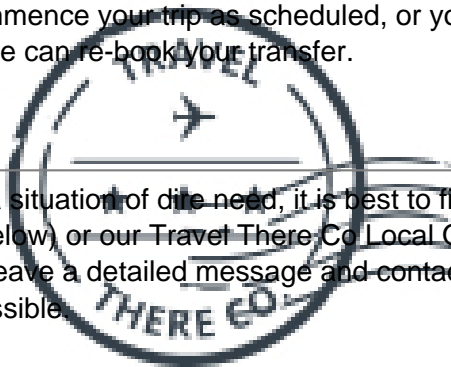
If you have arrived at Casablanca airport, before calling please double-check with the airport staff which terminal you have arrived at. (This may not be the terminal stated on your airline ticket, as Casablanca flight arrivals often experience a change in arrival terminal). Please make your way to the Airport Information Desk in Terminal 1 (this is a short walk from the other terminals)

If you are not travelling with a telephone, please head to the airport Information booth who will be able to assist you in the purchase of a phone card and direct you to a telephone.

If for any reason you are unable to commence your trip as scheduled, or your flight is delayed, please call the above numbers to inform our staff so we can re-book your transfer.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the Travel There Co Local Representative (if one is listed below) or our Travel There Co Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.



AIRPORT TRANSFER

If you have purchased an arrival through Travel There Co or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

Travel There Co Local Representative (Morocco)

During Office hours (Weekdays, 9am-5pm Local Time): +212 (0)528 824898

After hours emergency number: +212 (0) 661 861950

If you are unable to contact either of these numbers please phone Travel There Co Regional Operations Manager Emergency Cell Phone: +212 06 13 54 20 21

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. We highly recommend using a backpack or light sports bag, whichever you find easiest to carry, plus a small daypack. Luggage space on public transport is limited. You must be prepared to carry your own bags and be comfortable carrying them between transport and hotels (max. 15-20mins walking), hopping on and off trains and public buses and up and down stairs.

Checklist

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

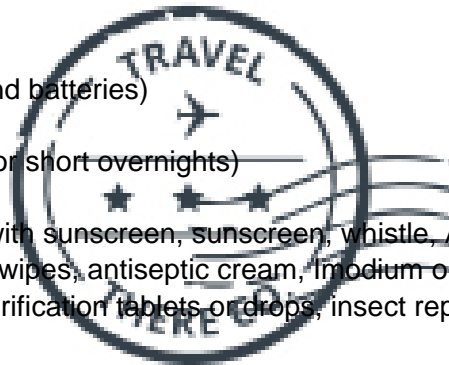
- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, ~~sunscreen~~, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.)



- Rubber gloves

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Note: For departures from Nov-Feb the weather can be cold, please bring warm clothing.

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity).

To date, citizens of the UK, EU, US, Canada, Australia and New Zealand do not need visas for visits of up to three-months.

Other nationalities may need to organise a visa pre travel- please check the individual requirements of your passport nationality.

Please note this information is given in good faith, is beyond Travel There Co's control and subject to change at any time.

Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. It is the individual's responsibility to ensure that travel documentation is correct.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The local currency in Morocco is the Moroccan Dirham (MAD).

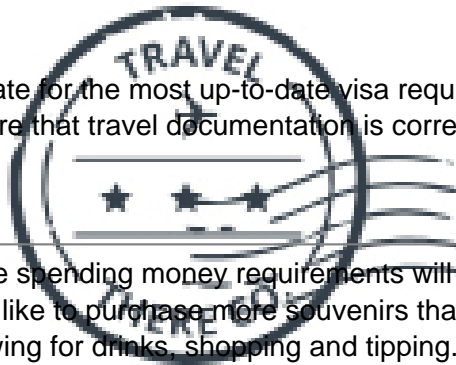
ATMs are very common in Morocco with Cirrus and Plus system cards are the most widely accepted debit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - it is important you check with your bank before departure and advisable to travel with more than one type of card.

Visa cards are the most widely accepted credit cards, but are generally only useful for larger/expensive purchases. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

The foreign currency most commonly accepted in Morocco is the Euro. You will be able to exchange Euros, as well as GBP and USD at money exchange offices in major cities.

Do not rely on credit or debit cards as your only source of money. A combination of cash (Euro/GBP or USD) and cards is best.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com



Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Departure Tax

Usually included in your ticket, check with your air travel agent.

Tipping

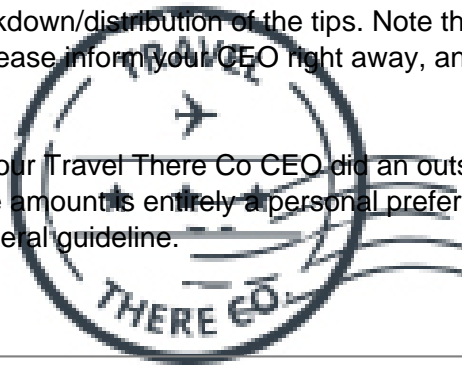
Morocco has a strong tipping culture - it is customary and even expected to tip small service providers such as restaurant and bar waiters, hotel staff, reception, cleaning personnel, bell boys, taxis and van drivers. Tips are regarded as an essential means of supplementing income for those working in the tourism industry.

Even though this might not be customary to you, nor such common practice in your home country, it is generally expected and of great significance to the people who will be assisting you during your travels.

Depending on your preference and/or that of the group, you may choose to tip individually, organize the tipping with your travelling companions, or, your CEO will offer to collect the tip money at the beginning of your tour and tip as a group with your participation as the tour progresses. A recommendation for tipping small service providers is about \$3 USD per day, depending on the quality of the service (this does not include your Travel There Co CEO).

Feel free to ask your CEO for the breakdown/distribution of the tips. Note that if you have been very disappointed by a particular service, please inform your CEO right away, and the tip will be adjusted accordingly.

Also, at the end of your trip if you felt your Travel There Co CEO did an outstanding job, tipping is also expected and appreciated. The precise amount is entirely a personal preference, however \$35-40 USD per person per week can be used as a general guideline.



Optional Activities

Paradise Valley

- Swimming in Paradise Valley

Marrakech

- Amazigh Villages Visit

Taghazout

- Yoga
- Stand Up Paddle Boarding

Essaouira

- Windsurfing (60EUR per person)
- Shopping
- Kite Surfing (Group Lesson) (1100-1650MAD per person, 1650-3300MAD per group)

Essaouira

- Traditional Hammam Experience

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit, hand sanitizers / antibacterial wipes as well as any personal medical requirements . Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

When selecting your trip please carefully read the Travel There Co brochure and itinerary and assess your ability to cope with our style of travel. Please contact us at travel@gadventures.com should you require any clarification on what is involved on your itinerary. Travel There Co reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

<http://www.gadventures.com/travel-resources/safety/>
www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

It is important to note that as it is not a legal requirement in buses in Morocco, your vehicle may not be equipped with seat belts.

Medical Form

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

A Word of Warning

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Local Dress

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next Travel There Co trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

Minimum Age

Minimum age of 18 years for this trip.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.