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# **Egypt & Jordan Adventure**

Days:Cairo toAmman

### What's Included

Your G for Good Moment: Numeira Community Cafe Lunch, Jordan Valley

Your Welcome Moment: Meet Your CEO and Group

Your Local Living Moment: Boat ride to Nubian Village with Traditional Meal, Asw?n

Your Discover Moment: Asw?n

Your Local Living Moment: Lunch with a Local Family, Luxor

Your Local Living Moment: Bedouin Camp Overnight, Wadi Rum. Pyramids of Giza, Sphinx and Egyptian Museum guided tour. Felucca overnight sailing excursion with support boat. Karnak and Kom Ombo temples guided tour. Temple of Hatshepsut and Valley of the Kings guided tour. Colossi of Memnon visit. Wadi Rum jeep excursion. Petra guided tour. Karak castles and Madaba mosaics visit. Dead Sea visit. Internal flight. All entrance fees. All transport between destinations and to/from included activities.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

### Itinerary

### **Highlights**

Discover ancient civilizations and architectural wonders, relax at the Red Sea, enjoy an overnight felucca journey, bargain in bazaars, camp in a Bedouin tent in the desert, marvel at the rock-cut architecture of Petra

### **Dossier Disclaimer**

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### **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# **Important Notes**

#### 1. CEOS

Please note that you will have a different CEO for the Jordan and Egypt sections of your trip.

#### 2. EXCURSION RECOMMENDATIONS

If you arrive a day or two early in Cairo and wish to do some excursions, we recommend that you wait until you get to the joining hotel and contact our local staff for more information on available tours and excursions. Tourists are frequently over-charged for excursions bought from vendors on the street or at the airport.

#### 3. RAMADAN

According to the lunar cycle, Ramadan will fall between April 23rd and May 23rd, 2020. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

### 4. MONEY

US Dollars that are series 1996 or earlier are not accepted and very difficult to change in regions of East and Southern Africa, as there are a lot of forgeries in circulation.

#### 5. FELUCCAS ON THE NILE

Feluccas are very basic traditional Nile sailboats and make for an extremely relaxing and enjoyable way to travel down the river. You sleep on the deck of the boat (mattresses and blankets are provided, but if you prefer something between you and the blankets, you will need a sleep sheet/sleeping bag liner of your own). Please note that the Felucca itself does not have toilets or showers, however we will have access to a private support boat, travelling in close proximity to our Felucca. This support boat is equipped with toilets and a shower (please bring a towel) and an area to eat your meals, leaving you stress free to enjoy this tranquil and traditional experience on the Nile. Feluccas are traditional wind-driven sailing craft, and therefore subject to the unpredictability of wind, weather and river traffic conditions on the Nile. We will do our best to follow published itineraries, but they must be considered tentative in all cases. We reserve the right to modify or cancel any sailing itinerary as conditions warrant. In case of insufficient wind, weather danger or difficult river traffic conditions on the Nile or through the Nile locks, we reserve the right to transport passengers between some sites by motor vehicle on land, in order to be able to keep up with the itinerary.

### 6. HORSES IN PETRA

Please be advised that we do not in any way encourage travellers to ride horses in or out of the Petra siq. While this service is intended to be an initiative to help local Bedouin people and is included in the price of your entrance ticket, there have been numerous safety incidences on these horses and we do not believe it is a safe activity for Travel There Co travellers. If you do wish to ride a horse into or out of Petra, please be advised that this is at your own risk and we will ask you to sign off tour for the period of this ride.

#### 7. FLIGHT LAYOVERS

Please note that according to flight schedules on Day 8, there could be a layover wait time from four to ten hours in Cairo's International Airport. In cases of long layovers, our CEO will be able to offer optional activities in Cairo such as the Memphis & Saqqara Excursion, or the Coptic and Islamic Cairo excursion. These optional activities would include return transfers to the airport. Look below in the 'Optional Activities' section for prices on these activities.

Please note that sometimes groups visit the Citadel on Day 8 when you return to Cairo, however this isn't always the case, so if you do want to visit the Citadel, we recommend you go on Day 1.

### 8. EXTRAS

Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

#### COMBO TRIP

Please note that this trip is part of a combination of multiple tours. As such, the CEO, staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

### **Group Leader Description**

This Travel There Co group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

### **Group Size Notes**

Max 15, avg 10

#### Meals Included

14 breakfasts, 3 lunches, 4 dinners

#### Meals

Eating is a big part of travelling. Travelling with Travel There Co you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to Travel There Co group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

### **Transport**

Private air-con van, train, plane, felucca, 4x4 pickup truck

### **About our Transportation**

### **Local Flights**

### Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

### Accommodation

Hotels (11 nts), sleeper trains (1 nt), felucca (1 nt), desert camping (1 nt).

### **About Accommodation**

On this trip you can expect to stay in small local hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run and in excellent central locations to give you maximum time for exploring the sights.

# **Joining Hotel**

For details of your joining hotel please refer to your tour voucher, G Account, the Travel There Co App or contact your travel agent.

# **Joining Instructions**

If this is your first visit to Cairo, we highly recommend that you book an airport transfer. Unfortunately there are quite a number of scams and rackets waiting to greet new arrivals, and they begin at the airport.

We recommend that you exit the airport before finding a taxt and negotiate directly with the driver. Official airport taxis cost approximately 250 to 280 EGP but you should be able to find a regular taxi to take you for between 150 to 200 EGP (approx USD 17-20). The drive can take anywhere between 20 minutes and 1 hour depending on the time of day and subsequent traffic conditions. Taxis do not have meters and you should expect to bargain with the driver and make sure you fix a price before you get into the car and set off. Do not pay more than the agreed price (unless it is a small tip for good service).

If you have paid in advance for an arrival transfer, a Travel There Co representative will be at the airport to meet you holding a Travel There Co sign. They will meet you inside the airport before immigration as they are all licensed airport representatives.

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi. Unfortunately there have been cases of people mis representing themselves as Travel There Co representatives. Please check that your driver knows your name and the hotel you are going to. If in doubt ask them to ring their manager to confirm your transfer.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A Travel There Co Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call either the Travel There Co Local Representative (if one is listed below) or our Travel There Co Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through Travel There Co or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

#### **EMERGENCY CONTACT NUMBERS**

Travel There Co Local Representative (Caire, Egypt)

During office hours (Sun-Thu,10am to 6pm local time): +20 233 77 88 30 or +20 233 77 88 31

After hours Emergency number: +20 122 221 16 99 (Mohammed)

Travel There Co Middle East Manager

Emergency number: : +20 122 221 16 99 -Mohammed (Cairo, Egypt)

Travel There Co Local Representative (Amman, Jordan)

During office hours (Sun-Thurs 9am-5pm Local Time): +962 (6) 4642034 or 4636944 or 4656647/8

After hours Emergency number: +962 79 553 5879

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

### What to Take

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

It is important to pack clothes for warm to hot days and cool evenings. A set of smart casual clothes is also advisable.

### Checklist

#### Additional Items:

Sleeping bag and liner (Seasonally appropriate)

#### Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

#### Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

#### Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- · Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with surscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.)
- Rubber gloves

### Warm Weather:

Sandals/flip-flops

- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

### Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

### **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

#### **FGYPT**

Many nationalities including all Western European and Arab countries, USA, Australia and New Zealand are able to obtain a one-month single entry visa on arrival at Cairo International airport or at the Egyptian land border. On arrival if you plan to purchase an entry visa you must pay in cash. You will have the option of paying with US Dollars (USD), the British Pound (GBP) or in Euro's (EUR). The visa fee is 25 USD or the equivalent to your currency.

#### **IMPORTANT NOTE**

Egyptian pounds and credit cards are not accepted as payment methods when obtaining your Egyptian entry visa. Please bring USD, GBP or EUR in cash to pay for visa. Look for windows (marked "banks") selling these visas in the area where you line up to have your passport stamped. You need to get the visa before entering the passport line. The visa is a sticker which you need to stick into your passport before handing it to the authorities for stamping.

Please note that for other nationalities it is necessary to organize your visa before you travel. It is vital that you check the conditions attached to your particular passport and make the necessary arrangements in advance.

### **EGYPT E-VISA**

Egypt now has the Egypt Online Visa, or Egypt e-Visa, a new electronic travel authorization system for citizens of eligible countries wishing to travel to Egypt for tourism. An e-Visa for Egypt can be obtained through an online application without the need to visit the embassy. The following nationalities are eligible for the Egypt e-Visa:

Albania, Australia, Austria, Belgium, Bulgaria, Canada, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Japan, Latvia, Lithuania, Luxembourg, Macedonia, Malta, Moldova, Monaco, Montenegro, Netherlands, North Korea, Norway, Poland, Portugal, Romania, Russia, Serbia, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, United Kingdom, United States, Ukraine, The Vatican

Eligible applicants can apply for the e-Visa from this link: https://visa2egypt.gov.eg/eVisa/FAQ?VISTK=UN26-IRWS-H69H-5I6P-LZF5-56RD-42VB-34YV-FI27-G78U-PNJ9-L44Y-M0L9-3I3C-ARKT-XYTP

The e-Visa for Egypt is a single or multiple-entry visa, allowing its allowing its holder to visit the country for a maximum duration of 30 days. It is valid to use for a period of 3 months and eligible for travellers wishing to Egypt for tourism purposes.

#### **JORDAN**

Jordan visa can be obtained on arrival at land and airport borders for most nationalities for a fee of 40 JOD.

While most travellers are not required to obtain their visa in advance, there are exceptions and you must check the requirements of your particular passport. While we provide this information in good faith, your visa is your responsibility. When departing Jordan by land then you will be required to pay an 8 JOD departure tax.

### **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

### **Money Exchange**

The currency used in Egypt is the Egyptian Pound (EGP). The currency in Jordan is the Jordanian Dinar (JOD).

ATMs are found within main cities in Egypt and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will change a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are all easy to exchange to the Local currency. Please note that you should bring some cash with you for emergency situations but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix.

Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency.

Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards are in general not very useful in Middle East—they can be used on occasion at some larger stores if shopping for big items.

If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 1996, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

### **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

### **Departure Tax**

JORDAN: 8 JOD to be paid in cash when leaving the country if departing overland.

### **Tipping**

Tipping (also widely referred to by its Arabic term as "baksheesh") is a way of life in the Middle East. Locals themselves will usually tip anyone who provides them with services. In many cases, people depend on the tips they receive to supplement the low salary and wages of the Middle East region.

While on tour in the Middle East, it is customary and even expected to tip small service providers such as restaurant and bar waiters, hotel staff, reception, cleaning personnel, bell boys, taxis and van drivers. Tips are regarded as an essential means of supplementing income for those working in the tourism industry.

To make things as easy as possible and avoid embarrassing situations, Travel There Co has developed a tipping kitty system where your CEO will collect a contribution from everybody at the start of your tour and use this kitty to tip anybody who has provided services to the group as a whole. A guideline for tipping is about \$5-10 USD per day, depending on the quality of the service (this does not include your Travel There Co CEO). On Day 1 of your tour, your CEO will be able to advise on the amount required from everybody to form the tipping kitty for your trip. You can pay in USD or the equivalent local currency (preferably local currency). The CEO will be able to advise you on the exchange rate and the total required in either currency

If at any time you feel that any service provider failed in maintaining or delivering good service, please bring it immediately to the attention of your CEO so a deduction of tips can take place.

At the end of your trip if you felt that your Travel There Co CEO did an outstanding job, tipping is also expected and appreciated. The precise amount is entirely a personal preference, however \$35-40 USD per person per week can be used as a general guideline.

# **Optional Activities**

#### Cairo

- Islamic and Coptic Cairo Guided Tour (1950EGP per person)
- Entrance into the Pyramids (100-360EGP per person)
- Egyptian Museum Mummy Room (180EGP per person)
- Solar Boat Museum Visit (100EGP per person)
- Coptic Cairo Guided Tour (1200EGP per person)
- Saqqara and Memphis Visit (1500EGP per person)

#### Asw?n

- Tour of Aswan (1300EGP per person)
- Souk Visit (Free)
- Philae Temple Visit (1000EGP per person)
- Philae Temple Sound and Light Show 1050EGP per person

#### Abû Simbel

- Abu Simbel Visit (Bus) (2010EGP per person)

### Luxor

- Bazaar Visit (Free)
- Tomb of Tutankhamun Visit (250EGP per person)

#### Amman

- Roman Theatre Visit Amman (1JOD per person)
- National Archaeological Museum & Citadel (3JOD per person)

#### Dead Sea

- Mud Baths (3JOD per person)
- Site of Jesus' Baptism (18JOD per person)

### Petra

- Turkish Bath (20JOD per person)
- Petra by Night (17JOD per person)

#### W?d? M?sá

- Sig al-Barid (Little Petra) Visit (8JOD per person)

### Wadi Rum

- Wadi Rum 4x4 Excursion Extension (70JOD per group)

#### Aqaba

- Aqaba Boat Trip with Snorkelling (35JOD per person)

### Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

DRINKING WATER: It is advisable to drink bottled water in Egypt and Jordan.

There are no specific health requirements for this trip. However, we recommend protection against typhoid, tetanus, infectious hepatitis and polio. Though malaria does exist in Egypt, it is not normally found in the areas where we travel. You should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes, as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

Please note that your adventure travels to high altitude. This is medically defined as anything over 8,000ft (2,440m). Most people can travel to 8,000ft with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are affected on your adventure, please consult your physician.

### Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers cheques cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your interary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

<a href="http://www.gadventures.com/travel-resources/safety/"> www.gadventures.com/travel-resources/safety/</a>

### Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings

### **Medical Form**

### A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

# A Word of Warning

#### Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

#### **Local Dress**

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

### **Feedback**

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next Travel There Co trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

### Minimum Age

You must be 18 to travel unaccompanied on a Travel There Co tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

### International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

