



**TRAVEL THERE CO**

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## Quest for the Antarctic Circle

**Days:** Ushuaia to Ushuaia

### What's Included

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12 nts aboard the G Expedition. 1 nt hotel in Ushuaia, on a twin share basis. Arrival and departure transfers. Zodiac excursions with our expert expedition team. Lectures and educational programs. Waterproof boots supplied for USA sizes 4 - 16. Expedition parka.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

### Itinerary

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#### Highlights

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Spend seven full days exploring the Antarctic Peninsula, go farther south than most have ever gone, spend time on deck searching for whales and watching soaring albatross, get up close and personal with a variety of penguin species, discover the intricacies of the Antarctic region through our on-board lecture program

#### Dossier Disclaimer

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#### Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

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1. Please note: While it is our intention of adhere to the route described above , there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. On the first day onboard, your Expedition Leader will give you an expedition overview.

2. Flight Information: When packing your luggage please note that the weight restriction on the domestic flight from Buenos Aires to Ushuaia is only 15 to 23 kg (33 to 50 lbs) per person, depending on the airline. Please note that the airlines will generally charge for excess baggage. We recommend you try to leave luggage that you do not need at your hotel in Buenos Aires (if applicable).

3. Medical questionnaires are required for all passengers traveling to Antarctica.

4. The G Expedition is an adventure Expedition ship and does not offer an elevator

5. Please note:

### BOOTS FOR ZODIAC LANDINGS:

- Complimentary used waterproof boots will be supplied in the following sizes:

- USA size 4 - 16

- EURO size 35 - 49

Please be advised that there are limited numbers of the smallest and largest sizes.

If you wish to bring your own boots, you should follow the guidelines below:

Rubber, waterproof boots that are just below your knees (12-16" high or 30-41cm) with a strong, ridged non-skid sole are essential for wet landings via Zodiac. You usually have to step from the Zodiac into water, which can be up to 1 ft or 30 cm high on most landings. Do not bring heavy, cumbersome boots that make it difficult to walk. Do not bring boots with metal cleats as they cannot be used for the landings. Try out your boots before your voyage.

6. The electricity onboard is 220AC electrical outlets, with European 2 pin round holes, as well as 110-volt shaving sockets in the bathroom for electric razors only. You may wish to bring an international adapter. A limited supply of electrical adapters are available to borrow free of charge at the Purser's Desk.

7. Please note that this tour combines with other Travel There Co tours. As such, the staff and some travel companions on your tour may have previously been traveling together with Travel There Co, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another Travel There Co tour, after your trip concludes.

## CAMPING & KAYAKING EXCURSIONS

For the more adventurous, our kayaking and camping trips provide the opportunity to encounter the intimacy and power of the polar regions in ways very few people can lay claim to having experienced. For details about these optional activities, including prep notes and full terms and conditions, please visit our [Polar Excursions](https://www.gadventures.com/travel-styles/cruising/expedition-cruises/excursions/) page.

Please note: Antarctica Camping (offered on select departures) and Kayaking Excursions (offered on all departures) must be confirmed prior to your trip. You may include these extras to your itinerary at the time of booking. If you wish to add these extras after you have confirmed your trip, please contact your travel agent.

## ANTARCTIC PRE/POST CRUISE ADD-ON

If you have booked this service, please note that your international flights will be on a separate ticket than the domestic. In order to guarantee that you will be covered in the event of unforeseeable flight delays, please ensure that you have purchased trip cancellation insurance for your flights. We also recommend the earliest that travellers can fly out of Buenos Aires is 10:00pm, which allows buffer time for delays and/or travelling between the domestic and international airports.

## Group Leader Description

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A carefully chosen team will lead our voyage. Our expedition ships boast an international team of professional naturalists and lecturers. Their goal is to provide an informed and balanced interpretation of the destination, accomplished through stimulating lectures, day-to-day briefings, and informal discussions. Your lecturers and Expedition Leader will cover all aspects of the voyage including ornithology, marine biology, geography, geology, history and the environment, as well as practical things like photography. The expedition staff work conscientiously with you on deck and in the field, improving your observational skills to allow you to experience all that the destination has to offer. Their strong sense of ethics and ecological knowledge make for stimulating and mindful conversation whether onshore or at the dinner table. The Expedition Staff will pilot the Zodiac landing craft used for shore landings and Zodiac cruises; they are experienced drivers who operate the Zodiacs in a responsible manner.

## Group Size Notes

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Max 134 aboard the G Expedition.

## Meals Included

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13 breakfasts, 11 lunches, 12 dinners

## Meals

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Onboard our expedition ships you'll find a diversity of gourmet international cuisines prepared and catered by professional chefs; all meals are included in the price of your expedition. Dining is casual, tables are unassigned and the dining room is capable of seating the entire passenger compliment at one time. There is always a selection of different meals available, and vegetarians will find plenty of options. Special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee, tea and water are all provided free of charge. All other beverages, alcoholic and non-alcoholic are not included and can be purchased in the dining room, pub, or lounge.

## Transport

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G Expedition, Zodiac, private bus, walking.

## About our Transportation

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## Local Flights

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Local flights are not included in the price of this trip. Please make sure that you arrive into Ushuaia on Day 1. If you require assistance booking local flights please contact your Travel There Co representative. From our experience we have found that there are regular delays in flights from Buenos Aires to Ushuaia and we highly recommend you fly into Ushuaia at least 1 day prior to the sailing of the expedition ship.

Please note that internal flights in Argentina generally allow less luggage than international flights.

## Solo Travellers

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin

or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Accommodation

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Twin-share hotel (1 nt), aboard the G Expedition in quad-, triple-, twin-share cabins, or suites (all with en suite bathrooms and porthole or window, 12 nts). Please note that all cabins consist of twin-size berths and are ocean-facing. Suites have one queen-size bed.

## About Accommodation

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### Joining Hotel

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Please note your first night hotel in Ushuaia is based on your cabin category:

Category 1/1A and 2

Las Lengas

Address: Goleta Florencia 1722, V9410 Ushuaia, Tierra del Fuego, Argentina

Phone: +54 2901 43-6100

Category 3, 4 and 5

Albatros Hotel

Address: Av. Maipu 505, V9410 Ushuaia, Tierra del Fuego, Argentina

Phone: +54 2901 43-7300

ANTARCTICA PRE/POST CRUISE ADD-ON

If you have purchased the Antarctica Pre/Post Cruise Add-On, your first night hotel in Buenos Aires will be the following:

Hotel Kenton Palace Buenos Aires

Defensa 383, C1065AAE CABA

Tel: (+54 11) 4331-2020



## Joining Instructions

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### A NOTE ON FLYING INTO BUENOS AIRES

Most international flights flying into Buenos Aires arrive at Ministro Pistarini Airport (EZE) in Buenos Aires.

On arrival at the International airport, there is an airport shuttle service, Manuel Tienda Leon, that can take you from Ministro Pistarini Airport (EZE) to Jorge Newberry Airport (AEP), available at an approximate cost of USD \$16.00 each way. It is about 1 to 1.5 hours between the airports, so please allow yourself enough time.

### A NOTE ON FLYING INTO USHUAIA

From our experience we have found that there are significant delays, especially in high season on flights from Buenos Aires to Ushuaia. We highly recommend booking your travel arrangements to arrive into Ushuaia earlier in the day on Day 1. We are happy to book additional pre-tour accommodations should you want some additional time in Ushuaia.

Please check with your airline as to which airport your domestic flight will be flying out of. Most flights that continue to Ushuaia depart from the domestic airport, Jorge Newberry Airport (AEP); however this is not always

the case and some flights do depart from Ministro Pistarini Airport (EZE).

Please also confirm the luggage restrictions for your flight from Buenos Aires to Ushuaia as domestic flights generally allow less luggage than international flights.

## ARRIVAL INTO USHUAIA

Travel There Co is happy to offer you a complimentary airport transfer if you are arriving on Day 1 of the tour or have booked pre-night accommodation through Travel There Co.

Joining Instructions with complimentary transfer:

Upon arrival into Ushuaia City Airport (USH) please collect your luggage and look for a Travel There Co representative. Please make sure you have advised your booking agent of your arrival flight details into Ushuaia so we are expecting you. Be sure to keep all your important documents (i.e. passport) and medication in your hand luggage, as your main luggage will be transferred separately to the hotel.

Joining Instructions without complimentary transfer:

Ushuaia City Airport (USH) is located only 5 km outside of the city. Local taxis can be hired at the airport for transportation into Ushuaia at a cost of about \$10 USD. On your arrival to Ushuaia please make your way to the hotel listed on your voucher. Information will be available on the notice board at the hotel. Luggage tags and other information will be available for you 1 day prior to embarkation.

Your luggage will be transferred for you from the hotel to the expedition ship on the morning of Day 2. Please have your luggage in the lobby of the hotel by 9:00 am on the morning of Day 2. You will have the morning free to enjoy the city of Ushuaia and the surrounding countryside.

Embarkation time on Day 2 is set for 4:00 pm, and passengers will not be able to board the ship before that time due to refueling, provisioning, and preparing the ship for your stay. For information on activities, restaurants, and services you can consult either the tourist information office or your hotel. Due to new port security regulations you are no longer allowed to enter the port area on your own so make sure you are on time at the designated parking lot across the pier to catch the 4:00 pm group transfer to the ship. More details will be provided with your hotel welcome letter.

On embarkation day, you should dress for changeable weather. Once aboard, you will find your luggage stored in your assigned cabin. Please ensure that all your luggage is accounted for on arrival.

## ANTARCTICA PRE/POST CRUISE ADD-ON

Around 25-30 days before departure, you will receive a letter confirming your travel arrangements, including all information about your transfers to and from the airport, your hotel reservation, as well as details about your connecting flights to Ushuaia. Please note that you will not receive tickets for these flights prior to departure.

Flights from Buenos Aires to Ushuaia normally depart between 4:30 am and 4:00 pm. These will arrive into Ushuaia between 8:00 am and 7:30 pm respectively. Flights from Ushuaia to Buenos Aires normally depart between 11:00 am and 3:30 pm. These will arrive into Buenos Aires between 2:30 pm and 7:00 pm respectively.

If you have booked this service, please note that your international flights will be on a separate ticket than the domestic. In order to guarantee that you will be covered in the event of unforeseeable flight delays, please ensure that you have purchased trip cancellation insurance for your flights. We also recommend the earliest that travellers can fly out of Buenos Aires is 10:00 pm, which allows buffer time for delays and/or travelling between the domestic and international airports. As we have no control over flights and airlines, we cannot be held responsible for such delays and insurance will be the best way of ensuring you are covered. We can assist with booking insurance, if required.

## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to arrive into Ushuaia before embarkation time (usually 4pm) of Day 2 please use the emergency contact details in this dossier. We highly recommend arriving at least 1 day before sailing in order to make sure that delays do not ruin your trip as the ship is unable to wait for late passengers. If you are delayed in arriving to prebooked accommodations please contact the hotel to advise them when you will arrive. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your booking agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the Travel There Co Local Operator (if one is listed below) or our Travel There Co Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

Travel There Co Office Buenos Aires, Argentina

During office hours (Weekdays 9am-6pm Local Time)

>From outside Argentina: +54 11 2150 2581

>From within Argentina, but outside of Buenos Aires: 011 2150 2581

After hours Emergency number

>From outside Argentina: +54 9 11 3425 0380

>From within Argentina, but outside of Buenos Aires: 15 3425 0380

## What to Take

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Most airlines allow one checked bag and two carry-on per person. To avoid any problems at check-in and with possible excess baggage charges, please consult the airline for specific restrictions. For storage on board the expedition ship soft compactible luggage makes storage much easier.

Dress on board is informal. Plan to bring comfortable, casual clothing for all activities. Bring wind and waterproof outer layers. Beware of tight clothing that leaves no room for trapped air, which is an excellent insulator. Wool, silk and some of the new synthetic fibers, like polar fleece, retain heat better than cotton. When packing, we suggest that you do not weigh yourself down with too many clothes or too much gear. Select informal, practical attire that can be worn in layers.

One of the important items that you will need to bring on your voyage is a pair of waterproof pants. It is possible to rent gear in Ushuaia for the expedition, but the quantity and quality of gear varies greatly depending on the demand. For the location of a rental shop consult with the front desk of the hotel where you are staying. If arriving on embarkation day you will NOT have time to rent the gear. You will also not have time to return the rental gear if you have a morning flight departing Ushuaia.

In the worlds most remote destinations that the G Expedition travels to we cannot offload our plastics, glass or tin waste for recycling. Therefore, we try to reduce what single use items that we use. You will see on the ship that every effort is being used to stop the use of single use plastic containers, bags and other items. In an effort to prevent plastic waste from entering the waste stream, we are asking for your help. We offer exceptional drinking water on the ship with refilling stations for your re-useable water containers. You will be provided a complimentary water bottle to fill up as needed. Plastic Items such as single use shampoo/conditioner plastic containers cannot be recycled, so please plan to bring any plastics back to your home countries for recycling. Please do not bring single use items that you intend to leave behind such plastic bags and throw away razors. Your participating in helping to prevent pollution and promote recycling is greatly appreciated.

## Checklist

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Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

#### Expedition:

- Binoculars (highly recommended)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Drybag (To protect your camera and belongings on Zodiac landings)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece jacket or warm layer
- Fleece top/sweater
- Footwear (good gripping) (Please note that open toed shoes are not allowed in public spaces on the Expedition.)
- Hair dryer (If needed; one hair dryer is already provided in each cabin on board the Expedition.)
- Hat
- Long pants/jeans
- Moisturizer/lip balm
- Moneybelt
- Motion sickness tablets
- Outlet adapter (Electricity onboard is 220AC electrical outlets, with European 2 pin round holes, as well as 110-volt shaving sockets in the bathroom for electric razors only.)
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Scarf
- Shirts/t-shirts
- Sleepwear
- Sunblock
- Sunglasses
- Swimwear
- Thermal base layer
- Thermal underwear
- Toiletries (Shampoo and shower gel are included aboard the Expedition.)
- Walking poles (if desired)
- Warm hat
- Warm waterproof gloves
- Watch and alarm clock
- Waterproof backpack cover
- Waterproof pants (Mandatory for all Zodiac landings)
- Wool/Heavy socks



#### Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.)
- Rubber gloves

#### Laundry

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Laundry facilities are offered by some of our hotels for a charge. Aboard the G Expedition, laundry is available to be serviced by our shipboard team at an additional charge.

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent.

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. While on board our Expedition ships, please note that the currency for all purchases is USD.

## Money Exchange

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Before and after the cruise, credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work overseas. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and credit cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

While on board our Expedition ship, cash and most major credit cards (VISA, Mastercard and AMEX) are accepted to clear incidental bills at the end of the cruise by the ship's Purser (ie. bar bills, laundry, crew tips, etc.).

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence.

## Departure Tax

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Most airlines include departure tax in the cost of the ticket. If this is not included then it should be mentioned in your flight booking confirmation

## Tipping

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Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. It is an expression of satisfaction with the persons who have assisted you on your expedition. The industry standard and suggested amount is USD \$10 - 15 per person per day spent on board. Of course, tipping is a personal choice and the suggested amount is set only as a guideline. Crew tips may be settled using most major credit cards (VISA, Mastercard and AMEX) by the ship's Purser. The money is collected by the Hotel Manager at the end of the voyage and distributed amongst the crew and Expedition Staff. The Officers choose not to participate in the tipping pool.

## Optional Activities

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Ushuaia

- Tierra del Fuego National Park Visit

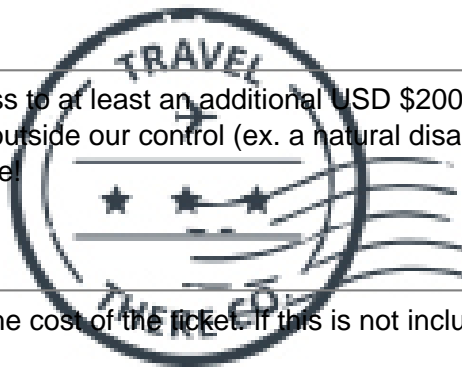
South Shetland Islands

- Polar Plunge

## Health

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Please consult your doctor for up-to-date medical travel information well before departure. We require all





passengers traveling to Antarctica to complete and submit our medical questionnaire. The questionnaire can be found online at:

[www.gadventures.com/online\\_medical\\_form](http://www.gadventures.com/online_medical_form)

Passengers with preexisting medical conditions are required to submit a medical form signed by a physician to their booking agent. It is very important that we are advised of any special meal requirements, food allergies, or prescribed medication when you confirm your tour. The ship is equipped with a small infirmary with typically required medications and limited equipment. The ship's doctor is available for visits during the day and is available 24 hours per day for emergencies.

In case of an emergency, please also bring with you a signed and dated letter from your physician (to be given to our doctor on board, as well as for any medical authorities) stating any health problems and dosage requirements. International health regulations do not currently require any inoculations for the countries that you will visit on our voyage. We suggest that you confer with your own physician to be sure your routine immunizations, such as tetanus, diphtheria and hepatitis A, are up-to-date before traveling. Older travelers, in particular, may wish to consider preventive measures against influenza and pneumonia.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## Trip Specific Safety

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We recommend that you wear minimal jewelry and that you keep valuable items safely stored in our complimentary safety deposit box, which is located at the Purser's Desk.

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## Medical Form

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## A Couple of Rules

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

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## A Word of Warning

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## Travel Insurance

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Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

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## Local Dress

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## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next Travel There Co trip if your feedback is completed on-line within 30 days of finishing your trip. Please visit <http://www.gadventures.com/evaluations>

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## Minimum Age

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Minimum age of 10 years for this trip.

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## International Flights

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.